

BIBLE FOR BEGINNERS GUIDE

Arrowgates Church

Welcome

We are passionate about helping you to equip with all the tools (including why and how you read the bible, which translation you should use, where you should start with and what resources can help you understand more) to find God & grow in Him in your daily life.

LOVE & BLESSING,
REV SIMON TAN

HOW DO I START

There are different approaches as to where you should begin reading the bible, so you just need to decide what will work best for you and read it every day!

- Start from the gospels: most people think it's best to start out by reading the life of Jesus since He is the one the whole rest of the bible points to. The book of Proverbs or Psalms would be the best to start with. You can follow this with reading the whole new testament.
- Start from the beginning: others like to start all the way at the beginning and read until the end. Although this can be more difficult to grasp and apply it to your life, it is always good to understand the whole storyline.

Recommended Bible Translation:
NKJV

Recommended study Bible:
NASB Inductive study bible

Old Testament

The Old Testament is made up of 39 books by many different authors, but one divine editor, God. It begins with the "Torah" which includes the creation story and the beginning of the people of God.

We also have historical books which continue the storyline of God's people, poetry books which include the famous psalms, and prophetic books which were messages directly from God to the people of that day and the future.

→ All together: 66 Books ←

New Testament

The New testament is made up of 27 books by, again, many different authors who were all inspired by God. The New Testament begins with 4 accounts of the life and ministry of Jesus, called the Gospels, who was the promised "King to come" from the Old Testament. We also have the story of the first century "church" which is followed by the "letters" written by the apostles to instruct the churches and us today. The Bible ends in the book of Revelation which reveals the end of God's storyline and eternity.



IMPORTANCE



OF READING THE BIBLE

To know what it actually says

Rather than just hearing what the Bible says from others, we should read it personally so we can form our own opinion.

To know God

The Bible is the way we learn about who God is, what He has done, and what He will do. This really is the way to find God and know Him.

To hear God

The Bible is “the word of God”, it is what God has said. In order to hear from God, you need to let Him speak to you through His word.

To delight in it

The Bible isn't boring, it is actually exciting and is the doorway to experiencing God. This guide aims to give you visions to love the word of God.

To know our identity & purpose

The Bible not only tells us who God is, it also tells us our true identity. With all the other “voices” trying to tell us who we “should” be, it's crucial for us to find out who we are meant to be. The Bible helps us find our identity, purpose, destiny, and mission for why we were created.

To know how to live

The Bible instructs and tells us how to live rightly before God. The one who created us knows the pathway to a true joy-flooded life and we want to know how to stay on that narrow path.

To know about the future

The Bible doesn't just tell us of past events, but it actually tells us about our future eternity, and when will Jesus return. We read the Bible so we can be prepared for it.

BIBLE READING TIPS

Here are some things that we have found helpful when reading the bible. These are tips we still use even today to acquire the tools of bible-reading. You should feel confident as you read the bible. And just for clarification, there are two ways to really approach the Bible - the in-depth Bible study and daily Bible reading that helps you know God and connect with Him. We are not necessarily teaching you how to study the Bible, though we do mention a few study resources that will help you understand so that you can connect with God. You may come up with new ideas to help yourself, and that is great! Let these tips simply be a springboard that you can jump off of.

1

TIME & PLACE

Figure out when you can set aside some time daily to read the Bible and keep it consistent. It might be the first thing in the morning, during lunch break, or before bed. But let's be honest, what doesn't get scheduled, doesn't get done. It's also helpful to have a bible reading plan (p.30) designated so you always know where and when you are going to read the Bible as part of your daily routine.

2

PLAN

If you fail to plan, you plan to fail. The same goes with every goal in life. You need to have a plan to keep you going in the right direction. The last page (p.30) of this guide helps you dive deeper into finding a Bible plan this is right for you.

3

UNDERSTAND THE CONTEXT

Even though our purpose here is not to teach you how to go into an in-depth Bible study, it is helpful to at least understand the background information to the part of the story you are about to read. Knowledge actually helps fuel relationships. The more you know somebody, the more you love them. And the same goes with God.

4

APPLICATION

The Bible, again, is not just meant for information, but it's also not just for connection... It's meant for transformation. So take what you read and see how you can take steps each day to apply it to your own life. We don't just want to be a "hearer" of the word, we want to be a "doer".

5

PRAY READING

The best way we have found to read the Bible is by what we call "pray-reading". Insert yourself into the story and let what you read become your conversation with God. Turn the phrases into prayer, ask God questions about, and let Him speak directly to you from it.

6

WORSHIP

The Bible is not meant to merely be for information, it is meant for heart connection between us and God. So starting your bible reading session with worship is a great way to connect, not just our minds, but our hearts to God as we prepare to read His word.

7

CONFIDENCE

Perhaps the most important key to connecting with God through the Bible is confidence, knowing that he enjoys you, is proud of you, and wants to help you understand and live out His word. Even if you don't feel like anything happened, have faith that He delights in you and is working in you just because of your weak "yes".

HAVE A PLAN

Like we mentioned before, if you fail to plan, you plan to fail. And it is the same with your Bible reading. Let's face it, we all are just so busy and consumed with other things that if we don't have a plan to help us read more of the Bible, we just won't get to it.

You will read far more if you know what you are reading that day instead of wasting a bunch of time figuring out where to start.

Download the YouVersion bible app for tons of bible plans including plans around a certain topic, and many more. You can even read these plans together with friends to really keep you going.

All of these things can be helpful, but don't beat yourself up if you don't hit the mark perfectly. It's not about perfection, it's about having a **willing heart**. The last thing God would want is for you to think "loving Him" or "following Him" is just a to-do list. It's not. So just let these be tools to get your heart closer to His. You don't have to earn His love, but you position yourself to receive it. He loves every small step toward Him. We pray that these tips may help you as you begin your journey in the Bible and be sure to look out for more resources coming on your way.

Resources

BIBLE PROJECT

A great way to get background information of the Bible is through the Bible Project. They have short, animated videos explaining every book of the bible. You can watch their videos on YouTube.

DAVID PAWSON

The only book you will ever need to understand the background of every book in the Bible is David Pawson's "Unlocking the Bible". It is one of the best and simplest resources we have found to help you learn more about the Bible.

BIBLE DICTIONARY

It is helpful to have a Bible dictionary on hand when you don't understand what different words mean because, trust us, you will. Here are two different options: Illustrate and Compact.

JOURNALING

Another huge part of Bible reading is journaling. It's writing down your conversations with God, what you learn, remembering what He has spoken, etc.

Introduction to Prayer

WHAT IS PRAYER

To keep it real simple, prayer is us talking to God. It was what we were made for: to know him and then to go make him known. Prayer doesn't have to be a duty, it can actually be a delight. Our weak prayers matter, they are powerful, and they move Gods heart. And he loves it when you pray to him.

TYPES OF PRAYER

1. Devotional (growing in our relationship with Jesus)
2. Intercession (praying for others)
3. Supplication (asking God to do things in our own lives)
4. Worship (declaring to God who he is)

There is no right or wrong way to pray. The most important thing is just that you do it. These tools are simply a help to kick start you in praying to God. So don't feel like you have to do all of these every day, but take them, make them your own, and see how God leads you! Let it be a journey that you do with Him!

PRAYER-READING

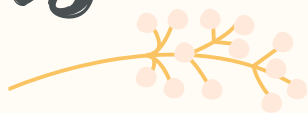
The main thing about prayer is that you pray "according to His will", which is, praying in alignment with what the bible says. That's why all of our tools use scripture. But even if you are just reading the bible, turn it into prayer. We call this pray-reading. The two go together!

MAKE YOUR OWN PRAYER PLAN

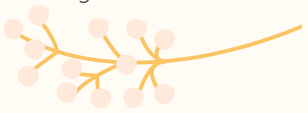
We believe there are three things you need to have a consistent prayer life:

1. A time and a place (to know when & where to pray)
2. Prayer lists (to know what to pray)
3. A right view of God (to rightly establish who you are praying to!)

Prayers in Names



Praying the names of God is actually an act of worship. It is declaring to God who He is. The more we declare it, the more we believe it, and the more we will see it plays out in our own lives. So declare and thank Him for these truths in your life today. And ask Him to show this attribute of Himself to you.



ELOHIM

God of creation (Genesis 1)

JEHOVAH

God of redemption and revelation (Exodus 3:14)

ADONAI

Master (Exodus 4:10, 13)

EL ELYON

The most high God (Genesis 14:18)

EL OLAM

The everlasting God (Genesis 21:33)

EL SHADDAI

The almighty God (Genesis 17:1)

JEHOVAH JIREH

The Lord will provide (Genesis 22:14)

JEHOVAN NISSI

The Lord our banner (Exodus 17:8-15)

JEHOVAH SHALOM

The Lord our peace (Judges 6:23-24)

JEHOVAH SABBAOTH

The Lord of hosts (1 Samuel 1:3)

JEHOVAN MACCADDESHCEM

The Lord your sanctifier (Exodus 31:13)

JEHOVAH ROI

the Lord is my shepherd (Psalm 23:1)

JEHOVAH TSIDKENU

The Lord our righteousness (Jeremiah 23:6)

JEHOVAH SHAMMA

The Lord is there (Ezekiel 48:35)

JEHOVAH ELOHIM ISRAEL

The Lord God of Israel (Judges 5:3)

JEHOVAH RAPHA

The Lord that heals you (Exodus 15:26)

QADASH ISRAEL

The holy one of Israel (Isaiah 1:14)

Apostolic Prayer

The apostolic prayers are simply the prayers that the apostles pray for the churches in their day that were recorded in the Bible. Because of that, we can know that this is what God wants to do in His church today and in the lives of his believers. So pray these over others and yourself!

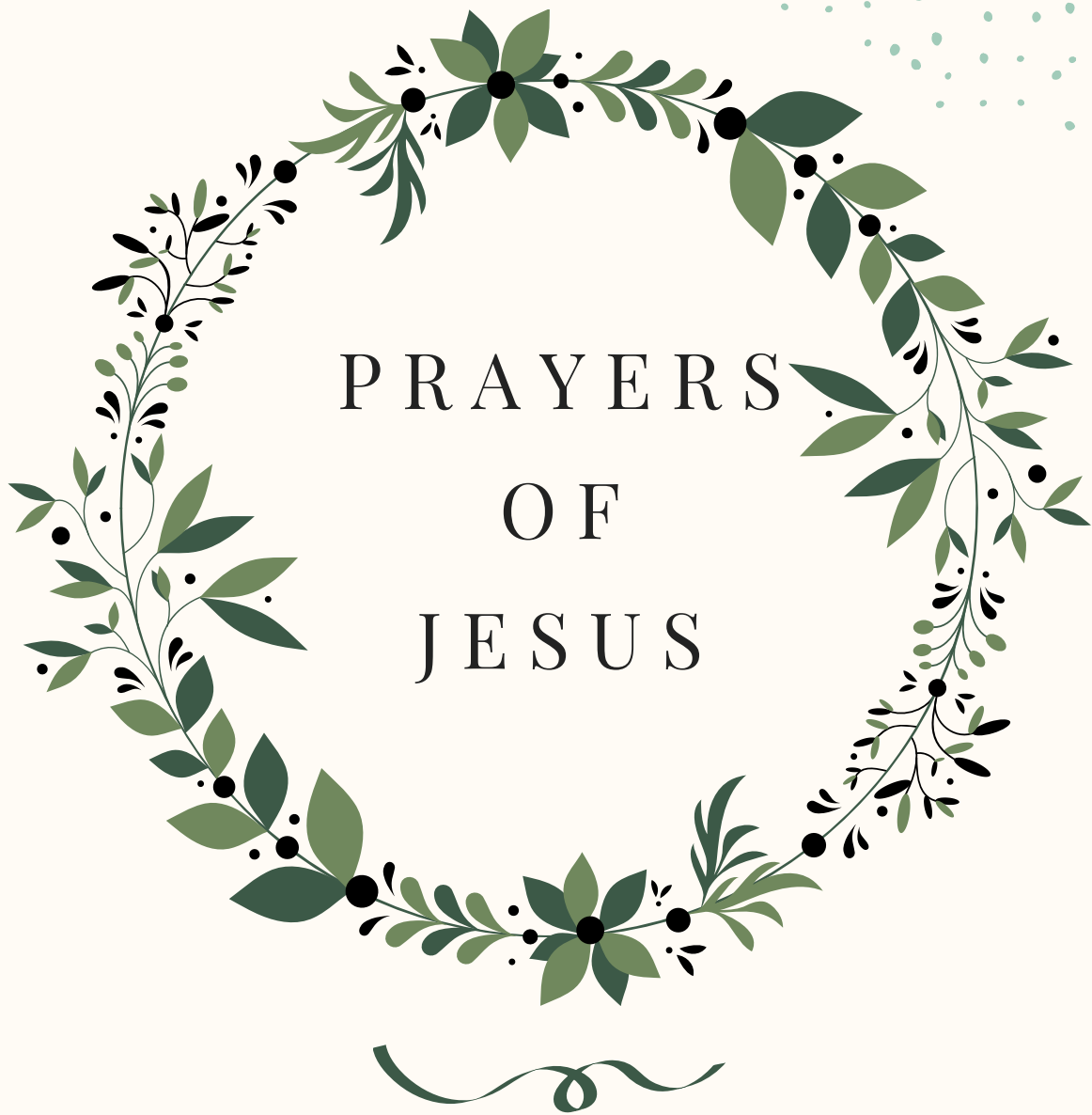


Apostolic Prayer

- Prayer for revelation of Jesus' beauty and the church to know her destiny in Him that transforms the heart
 "... The Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of him, the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power" (Eph 1:17-19)
- Prayer for the release of supernatural strength in the heart unto experiencing God's emotions
 "... that He would grant you, according to the rights of His glory, to be strengthened with might through His Spirit in the inner man, that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height — to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God." (Eph 3:16-19)
- Prayer for God's love to abound in our heart resulting in discernment and righteousness
 "And this I pray, that your love may abound still more and more in knowledge and all discernment, that you may approve the things that are excellent, that you may be sincere and without offense till the day of Christ, being filled with the fruits of righteousness which are by Jesus Christ, to the glory and praise of God." (Phil 1:9-11)
- Prayer to know God's will, to be fruitful in ministry and strengthened by intimacy with God
 "... we... do not cease to pray for you, and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding; that you may walk worthy of the lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; strengthened with all might, according to His glorious power, for all patience and longsuffering with joy; giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light." (Col 1:9-12)

- **Prayer for unity in the church across a city or region**
 “Now may the the God of patience and comfort grant you to be like-minded toward one another, according to Christ Jesus, that you may with one mind and one mouth glorify the God and Father of our Lord Jesus Christ. Therefore receive one another, just as Christ also received us, to the glory of God.” (Rom 15:5-7)
- **Prayer to be filled with supernatural joy, peace and hope**
 “Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit,” (Rom 15:13)
- **Prayer for the release of the Holy Spirit’s power unto mature holiness**
 “Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. He who calls you is faithful, who also will do it.” (1 Thess 5:23-24)
- **Prayer for the release of apostolic ministry and to abound in love and holiness**
 “...we rejoice for your sake before our God, night and day praying exceedingly that we may see your face and perfect what is lacking in your faith? Now may our God and Father Himself, and our Lord Jesus Christ, direct our way to you. And may the Lord make you increase and abound in love to one another and to all... so that He may establish your hearts blameless in holiness before our God and Father at the coming of our Lord Jesus Christ with all His saints.” (1 Thess 3:9-13)
- **Prayer to be equipped and prepared to receive the fullness of God’s destiny for the church**
 “Therefore we also pray always for you that our God would count you worthy of this calling, and fulfill all the Good pleasure of His goodness and the work of faith with power, that the name of our Lord Jesus Christ may be glorified in you, and you in Him, according to the grace of our God and the Lord Jesus Christ.” (2 Thess 1:11-12)
- **Prayer for the word to increase by the release of God’s power to win unbelievers to Jesus**
 “Finally, brethren, pray for us, that the word of the Lord may run swiftly and be glorified, just as it is with you, and that we may be delivered from unreasonable and wicked men; for not all have faith. But the Lord is faithful, who will establish you and guard you from the evil one. And we have confidence in the Lord concerning you, both that you do and will do the things we command you. Now may the Lord direct your hearts into the love of God and into the patience of Christ.” (2 Thess 3:1-5)

- Prayer that God would open a door of evangelism through releasing His power on the word
 “Continue earnestly in prayer, being vigilant in it with thanksgiving; meanwhile praying also for us, that God would open to us a door for the word, to speak the mystery of Christ, for which I am also in chains, that I may make it manifest, as I ought to speak.” (Col 4:2-4)
 “And He opened their understanding, that they might comprehend the Scriptures.” (Luke 24:45)
- Prayer to enriched with the supernatural gifts of the Holy Spirit leading unto righteousness
 “I thank my God always concerning you for the grace of God which was given to you by Christ Jesus, that you were enriched in everything by Him in all utterance and all knowledge, even as the testimony of Christ was confirmed in you, so that you come short in no gift, eagerly waiting for the revelation of our Lord Jesus Christ, who will also confirm you to the end, that you may be blameless in the day of our Lord Jesus Christ.” (1 Cor 1:4-8)
 “But earnestly desire the best gifts...” (1 Cor 12:31)
- Prayer for the impartation of Holy Spirit boldness through the release of signs and wonders
 “...and grant to your servants that with all boldness they may speak Your word, by stretching out Your hand to heal, and that signs and wonders may be done through the name of Your holy Servant Jesus. And when they had prayed, the place where they were assembled together was shaken; and they were all filled with the Holy Spirit, and they spoke the word of God with boldness.” (Acts 4:29-31)
- Prayer for Israel to be saved through seeing Jesus as their awaited Messiah
 “Brethren, my heart’s desire and prayer to God for Israel is that they may be saved.” (Rom 10:1)



Like the apostolic prayers, we can agree with the prayers Jesus prayed for his people over our own lives & others lives.



The Lord's prayer

"In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name, Your kingdom come. Your will be done On earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, As we forgive our debtors. And do not lead us into temptation, But deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen." (Matt 6:9-13)

Prayer for anointed laborers in the harvest

"Then He said to His disciples, 'The harvest truly is plentiful, but the laborers are few. Therefore pray the lord of the harvest to send out laborers into His Harvest.'" (Matt 9:37-38; Luke 10:2)

Prayer for the release of the Holy Spirit's ministry

"If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask him!" (Luke 11:13)

Prayer of strength in temptation

"Then He came to the disciples..., "What! Could you not watch with Me one hour?" Watch and pray, lest you enter into temptation..." (Matt 26:40-41)

Jesus prays to keep the saints in the Father's name

"...I come to you. Holy Father, keep through Your name those whom You have given Me, that they may be one as We are." (John 17:11)

Jesus prays to keep the saints from the evil one

"I do not pray that You should take them out of the world, but that You should keep them from the evil one." (John 17:15)

Jesus prays that the saints might be sanctified by truth

"Sanctify them by Your truth. Your word is truth." (John 17:17)

Jesus prays that the saints would experience the fullness of God's glory

"That they all may be one, as You, Father are in Me , and I in You; that they also may be one in Us, that the world may believe that You sent Me. And the glory which You gave Me I have given them, that they may be one just as We are one: I in them, and You in Me; that they may be made perfect in one, and that the world may know that You have sent Me, and have loved them as You have loved Me."

"Father, I desire that they also whom You gave Me may be with Me where I am, that they may behold My glory which You have given Me; for You loved Me before the foundation of the world." "O righteous Father! The world has not known You, but I have known You; and these have known that You sent Me," "And I have declared to them Your name, and will declare it, that the love with which You loved Me may be in them, and I in them." (John 17:21-26)

F-E-L-L-O-W-S-H-I-P

We see in Ephesians 3:16 that God wants us to be strengthened with His power in our “inner man”, or to be “strong in spirit”. These prayers, with the acronym f-e-l-l-o-w-s-h-i-p are meant to do just that!

F: FEAR OF GOD

The fear of God is a good thing. It causes us to stand in awe of who He really is and live in light of that knowledge. He will do this much more as we ask Him to. Therefore, we must ask the Spirit to impart the fear of God into our heart as He unites our heart to His heart and word (Ps 86:11). It is far easier to resist sin and compromise when we feel even a small measure of the fear or awe of God in our heart. Therefore, ask Him to cause you to delight in the fear of the Lord (Isa. 11:3). And to strike your heart with the majesty. Awe, and the reality of God (Isa 8:13)

“I will put my fear in their hearts so that they will not depart from Me.”(Jer 32:40)

“Unite my heart to fear Your name.”(Ps 86:11)

“His delight is in the fear of the Lord.”(Isa 11:3)

“The Lord ... you shall hallow; Let Him be your fear, and let Him be your dread.” (Isa 8:13)

Prayer: Father, release the spirit of the fear of God into my heart. Strike my heart with revelation of Your majesty. That I might live in awe before You. Release Your presence with holy dread that causes my spirit to tremble before Your glorious majesty. Unite my heart to Your heart and word, and cause me to delight in the fear of God.

E: ENDURANCE

In the New Testament, the words “endurance”, “perseverance” and “patience” are often interchangeable. All three speak of being faithful in your God-given assignments under pressure without quitting. The word “patience” means more than not being annoyed by someone or patiently driving within the speed limit. We must faithfully persevere for decades without ever quitting in our pursuit of the deep things of God’s heart. It takes the power of God touching our Spirit to keep us from quitting or drawing back. Ask the Lord to give you endurance to be faithful even in the difficult and dry seasons of life. Ask the Spirit to impart endurance to you on your fasting days. Another way to ask for endurance is by asking God to impart zeal in your heart for His heart, His ways, and His kingdom (John 2:17; Ps 69:9)

“Being strengthened with all power ... so that you may have great endurance and patience.”(Col 1:11)

“Now may the Lord direct your hearts into ... the patience of Christ.” (2 Thess 3:5)

“Zeal for thy house will consume me.” (John 2:17)

Prayer: Father, strengthen my inner man with endurance, that I may do Your will with zeal and diligence, and that I will not quit pursuing the deep things of God. Impart endurance in me for fasting. Direct my heart into the patience or endurance in which Jesus walked. Give me strength to follow through in my commitments to you and to fulfill my ministry calling even when it is difficult.

L: LOVE

It takes the influence of the Holy Spirit for us to love in the way God calls us to. First, we are asking for understanding of God's love for us. Second, we are asking the Spirit to tenderize our heart so we can abound in love for Jesus. Third, we ask Him to help us love ourselves by seeing ourselves as God sees us because many people despise themselves in a way that hinders their walk with God. Fourth, we ask the Spirit to cause love to abound in our hearts for others.

"I pray that your love may abound still more...in knowledge and all discernment." (Phil 1:9)

"The love of God has been poured out in our hearts by the Holy Spirit." (Rom 5:5)

"May the Lord make you increase and abound in love to one another," (1 Thess 3:12)

"May the Lord direct your hearts into the love of God." (2 Thess 3:5)

"You formed my inward parts; You covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well. My frame was not hidden from You, When I was made in secret, And skillfully wrought..." (Ps 139:13-15)

"You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength." (Mark 12:30)

"As the Father loved Me, I also have loved you; abide in My love" (John 15:9)

"...that the love with which You loved Me may be in them." (John 17:26)

"... that you... may be able to comprehend... what is the width and length and depth and height – to know the love of Christ." (Eph 3:17-19)

Prayer: Father, pour out Your love into my inner man by the Holy Spirit, that my heart may overflow in love back to You and to others (Rom 5:5). I also ask that You impart Your love for Jesus into my heart (John 17:26). I ask for grace to love God with all my heart, soul, mind and strength (Mark 12:30). Allow me to comprehend Jesus's love for me and to abide in it or stay connected to it (John 15:9). Let me see myself through Your eyes and to love who You created me to be (Ps 139:13-15).

L: LIGHT OF YOUR GLORY

On the day of Paul's conversion, he saw Jesus in a great light from heaven (Acts 22:6-11). Moses prayed to see God's glory (Exod 33:18). Afterwards, his face shone with the light of glory. Like Moses, we can also ask to encounter the realm of God's glory. Jesus said that His disciples would see an open heaven in which they would see the angels ascending and descending (John 1:51). Ask the Lord for encounters and experiences of His glory and presence in dynamic ways that would cause you to grow in love, obedience, and the knowledge of God.

"Suddenly a great light from heaven shone around me... And since I could not see for the glory of that light, being led by the hand of those who were with me, I came into damascus." (Acts 22:6,11)

"And he (Moses) said, 'please, show me Your glory'" (Exod 33:18)

"You shall see heaven open, and the angels of God ascending and descending" (Ps 4-6)

"His countenance was like the sun shining in its strength." (Rev 1:16)

"Oh, send out Your light and Your truth! Let them lead me...bring me to Your holy hill." (Ps 43:3)

Prayer: Father, let me see the light of Your glory. Give me Holy Spirit encounters – dreams, visions, angelic visitations, manifestations of Your presence & power – as You gave to Moses, Isaiah, Ezekiel, and John and the disciples on the day of Pentecost (Exod 33-34; Isa 6; Ezek 1; Acts 2; Rev 1).

O: ONE THING LIFE DESIRE

It is essential to consistently spend time before the Lord in His word. In other words, to be a man or woman of one thing like David (Ps 27:4), or Mary of Bethany, who sat at Jesus's feet (Luke 10:42). Set your heart to be a person of one thing. Commit yourself regularly to be a person of one thing and ask the Holy Spirit to help you to not lose this focus. Ask the Lord to show you, to intervene and speak to you if you start to drift away from this one-thing lifestyle. We want to receive the Lord's help and loving correction when we lose our focus of the first and great commandment, to love God with all of our heart, soul, mind and strength.

“One thing I have desired... that I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord” (Ps 27:4)

“But one thing is needed, and Mary has chosen that good part.” (Luke 10:42)

“One thing I do...reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.” (Phil 3:13-14)

“I have set the Lord always before me; because He is at my right hand I shall not be moved.” (Ps 16:8; 25:4-5,14)

Prayer: Father, I commit to live as a person of one thing. Help me to regularly sit at your feet as Mary of Bethany did. Strengthen me to desire and maintain a lifestyle that has regular times before You in Your word. When I lose this focus, send Your word to deliver me, as You did for the saints in the early church (Rev 2:4-5; 3:1-3; 3:15-20)

W: WALK WORTHY

Paul wrote, “we also pray always... that God would count you worthy of this calling, and fulfill all...His goodness” (2 Thess 1:11). Paul emphasized that he always prayed this for the saints because he understood how important it was. To walk worthy before the Lord is not the same as the idea of seeking to be worthy to earn our forgiveness. Rather, it is about having a worthy response to God that prepares us to walk in the fullness of our calling, referred to as “fulfilling...all His goodness.” Too many believers come up short of what God has invited them to walk in because of their half-hearted choices. Jesus urged us to pray that we may receive grace to walk worthy of this calling to escape compromise, so that we may stand in victory before Jesus (Luke 21:36). It takes God's help! Paul prayed that God would sanctify the disciples completely; and that they would walk in such a way as to be preserved blameless, or without compromise, until they met the Lord (1 Thess 5:23). And we want this as well.

“We also pray always for you that our God would count you worthy of this calling, and fulfill all the good pleasure of His goodness and the work of faith with power” (2 Thess 1:11)

“Pray always that you may be counted worthy to escape all these things that will come to pass, and to stand before the son of man” (Luke 21:36)

“Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord.” (1 Thess 5:23)

“That He may establish your hearts blameless in holiness before our God” (1 Thess 3:13)

“Create in me a clean heart, O God, and renew a steadfast spirit within me.” (Ps 51:10)

“Search me, O God, and know my heart; try me, and know my anxieties” (Ps 139:23)

“I have made a covenant with my eyes; why then should I look upon a young woman?” (Job 31:1)

Prayer: Father, strengthen my inner man to walk in faith and obedience that is worthy to escape all compromise and to prepare me for the highest things that you have called me to. Help me to live free of compromise that I would walk blamelessly in body, soul and spirit, and be able stand before You victoriously, in full obedience.

S:SPEECH

Speech is a very significant issue in our spiritual lives. When our speech comes under the leadership of the Holy Spirit, our entire inner man will also come under His leadership (Jas 3:2). Paul exhorted the saints not to speak any corrupt words, nor to grieve the Holy Spirit by filthy or foolish speech (Eph 4:29-30; 5:4). The subject of speech was on David's "prayer list" as he also asked the Lord to help him control the words of his mouth until they were pleasing to God (Ps 19:14). David purposed that he would not sin with his speech and that the Lord would set a guard over his speech (Ps 17:3; 141:3).

"If anyone does not stumble in word, he is a perfect man, able also to bridle the whole body." (Jas 3:2)

"Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. And do not grieve the Holy Spirit...neither filthiness, nor foolish talking, nor coarse jesting, which are not fitting." (Eph 4:29-30; 5:4)

"Let the words of my mouth and the meditation of my heart be acceptable in Your sight." (Ps 19:14)

"Set a guard, O Lord, over my mouth; keep watch over the door of my lips." (Ps 141:3)

"I will guard my ways, lest I sin with my tongue; I will restrain my mouth with a muzzle. (Ps 39:1)

Prayer: Father, set a guard over my lips and help me to speak only words that are pleasing to You. Free me from defensive, angry, and foolish speech. Keep me from quenching the spirit with my words. I set my heart not to sin with my speech, that I could sustain unbroken communion with You.

H:HUMILITY

Jesus called us to learn from Him about walking in humility, our lowliness of heart (Matt 11:29). He is willing to teach us about this vital subject, if we ask Him for understanding. This is a huge goal that God has for our lives because He, Himself, is meek and lowly and He desires that we would walk like Him. So, ask Him to teach you how to follow Him by walking in humility.

“Take My yoke ... and learn from Me, for I am gentle and lowly in heart.” (Matt 11:29)

“Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others. Let his mind be in you which was also in Christ Jesus” (Phil 2:3-5)

Prayer: Jesus, teach me how to walk in Your yoke of humility and lowliness. I set my heart to learn lowliness of heart from You that will transform my attitude, speech, and action. Give me wisdom on how to carry my heart in humility and keep me from pride, narcissism and selfishness.

I:INSIGHT UNTO INTIMACY

The Holy Spirit desires to guide us into truth - to give us insight into His will for every area of our life, He will teach us how to walk in agreement with His heart so that we enjoy intimate partnership with Him. He will give us wisdom for our money, time, relationship, career, ministry, purity, health in our body, and so on. He will also give you insight into what is on His heart for your city, nation, and generation.

“The Spirit of truth ... will teach you all things.” (John 14:26)

“Show me Your ways.... Teach me Your paths. Lead me in Your truth...The secret of the Lord is with those who fear Him.” (Ps 25:4-5, 14)

“That God may give to you the Spirit of wisdom and revelation in the knowledge of Him.” (Eph 1:17)

“Ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding; That you may walk worthy of the Lord.” (Col 1:9-10)

“ ... always laboring fervently for you in prayers, that you may stand perfect and complete in all the will of God: (Col 4:12)

Prayer: Father, give me insight into Your word, will, and ways. Give me wisdom on how to walk in intimacy with You in every area of my life, including my finances, schedule, emotions, circumstances, physical body (diet, health), relationships (at home, office, friendships, ministry), my future, fears, addictions, etc. Let me know the secrets of Your heart (Ps 25:14). What are You thinking and feeling about my city, nation and generation?

P:PEACE AND JOY

The Holy Spirit will guard your heart and mind with supernatural peace (Phil 4:7). In this verse, our heart speaks of our emotions. We do not have to live with a heart filled with jealousy, rejection, anxiety, or fear, nor with a mind filled with turmoil, confusion, and indecision. If we ask for peace and joy in specific areas of our life, we will actually receive more of it.

“The peace of God...will guard your hearts and minds through Christ Jesus.” (Phil 4:7)

“Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.” (Rom 15:13)

“Now may the Lord of peace Himself give you peace always in every way.” (2 Thess 3:16)

Prayer: Father, strengthen my heart with supernatural peace in areas where I feel rejection, fear, and anxiety; strengthen my mind that I may overcome all turmoil, confusion, and indecision. That I may rest in You and enjoy Your presence, knowing I can surrender all into Your hands. I trust You.

T-R-U-S-T

2 Cor 13:14 talks about “the fellowship of the Holy Spirit: or having communion and relationship with God’s Spirit that now dwells inside us. The prayers with the acronym T-R-U-S-T, are a helpful tool to help us talk to the Holy Spirit who lives within us and leads us into all truth.

T:THANK YOU

The first thing we do is to turn our attention inward to recognize the Holy Spirit’s presence simply by thanking Him for His indwelling presence. I say, “thank you, Holy Spirit, for Your indwelling presence in my inner man.” Take a few minutes to do this and add a few affectionate phrases like: I love you, Holy Spirit.”

“He who abides in me, and I in him, bears much fruit; for without Me you can do nothing.” (John 15:5)

“The grace of the Lord Jesus christ, and the love of God, and the communion of the Holy Spirit be with you all” (2 Cor 13:14)

Prayer: Thank you, Holy Spirit, for Your presence in me. I love Your presence. Apart from You, I can do nothing.

U:USE ME

Paul exhorted us to diligently seek to be used in the gifts of the Holy Spirit. The Holy Spirit will use us more when we simply take time to ask Him to use us.

“The manifestation of the Spirit is given to each one of the profit of all.” (1 Cor 12:7)

“But earnestly desire the best gifts.” (1 Cor 12:31)

“Desire spiritual gifts, but especially that you may prophesy.” (1 Cor 14:1)

Prayer: Holy Spirit, I ask You to release the manifestation of Your gifts and power through me to help others find You and know You. I desire to be a vessel of Your presence to bless others.

S:STRENGTHEN ME

The Spirit will strengthen our inner man by touching our mind, emotions, and speech with the might of His presence, we can draw on the strength of the Spirit as a river of life in us by asking Him to strengthen us. In addition to this, because the Holy Spirit lives in us, His love, peace, patience, and self-control are already in us. Thus, we can experience more of the power of His love, peace, patience, and self-control by thanking the Holy Spirit that these fruits are already in us by virtue of Him living in us.

“That He would grant you to be strengthened with might through His spirit in the inner man.” (Eph 3:16)

“The fruit of the spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.” (Gal 5:22-23)

Prayer: Holy Spirit, release divine might to strengthen my mind and emotions. Thank you for the presence of Your love, peace, patience, and self-control in me. Strengthen these things within me.

T:TEACH ME

The Holy Spirit is the great teacher who is committed to lead us into God's will and ways. He will give us wisdom on how to live in every area of life, including how to steward our money, manage our schedule, prosper in our relationships, function in ministry, and how to walk in goodness and wisdom.

"The Holy Spirit ... will teach you all things." (John 14:26)

"The Spirit of truth...will guide you into all truth." (John 16:13)

Prayer: Holy Spirit, you are the teacher. So I ask You to lead me in every area of my life. Give me new ideas, order my steps, and open doors for new relationships and new business and ministry opportunities. Teach me how to live in a manner that is pleasing to You, and show me how to best walk in Your will, blessing, and prosperity for my life.

Design your own prayer plan

Now that you've seen a bunch of examples of prayer lists, let's also make one for you personally. And as we said, the things you need to pray are:

1. A time and a place (to know when & where to pray)
2. Prayer lists (to know what to pray)
3. A right view of God (to rightly establish who you are praying to!)

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WHEN & WHERE FOR DAILY PRAYER TIME

WHAT ARE YOU PRAYING FOR THE LORD TO DO IN YOUR OWN LIFE AND HEART?

WHAT ARE SOME TRUTHS ABOUT GOD OR YOURSELF YOU NEED TO BE REMINDED OF?

WHAT ARE YOUR FAVORITE ATTRIBUTES OF GOD? THANK HIM FOR THAT!

WHO ARE THE PEOPLE YOU WANT TO BE PRAYING FOR?

WHAT ARE THE THINGS (NATIONS, GROUPS OF PEOPLE, CHURCHES) YOU WANT TO PRAY FOR?

If you have any question, please email us at
reverministries@gmail.com